

### Why is this service important?

Cardiovascular disease (CVD) is one of the leading causes of premature death in England and affects approx. 7 million people. Hypertension is the biggest risk factor for CVD and approximately 5.5 million people across the country have undiagnosed hypertension. This is a national service which has been commissioned by NHS England.

### What is the service?

The Service has two stages (both must be completed by either the Pharmacist or Pharmacy Technician in the Community Pharmacy).

- The first is identifying people at risk of hypertension and offering them blood pressure measurement – a **'Clinic Check'**.
- The second stage, where clinically indicated, is offering a 7-hour (14 readings) **'Ambulatory Blood Pressure Monitoring' (ABPM)**. The results will then be shared with the patient's GP to inform a potential diagnosis of hypertension.

### How to refer patients for the service?

Please contact CPCI to arrange support for your surgery with using SystmOne for referring patients:

Yogendra Parmar

Email: [ce@cpci.org.uk](mailto:ce@cpci.org.uk)

Phone: 07737081273

### Patient consent & Patient choice

Prior to referral, verbal consent must be obtained by asking the patient which pharmacy they would like the referral to be sent to. This is implied consent which allows for patient choice under GDPR.

### Who can I contact if I have any questions?

For any queries, please contact Yogendra Parmar at [ce@cpci.org.uk](mailto:ce@cpci.org.uk)